

NOTE: These are recommended guidelines. Deviations from the Medical Conditions Guidelines can only be made by the Medical Director. This information is to be documented in Comments area of the Registration/Health History form and include the name of the individual giving approval
Conditions not found in this guideline are to be approved prior to accepting or deferring a donor.
Approval for conditions requiring Medical Director/designee review/approval may be made by Blood Center Fellows.

MEDICAL CONDITION	COMMENT
Abortion	Defer for 6 weeks from date of termination
Abscesses	Accept after condition is resolved and treatment is complete
Acne	Accept if not taking a deferring medication
Acoustic Neuroma	<ul style="list-style-type: none"> • Accept if benign (non-cancerous) • If malignant (cancerous), accept if cancer free for at least one year post treatment
Acromegaly	Accept
Actinomycosis	Accept after condition resolved and treatment complete
Acupuncture	Accept only if underlying condition is not cause for deferral and if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Acute Tubular Necrosis	Accept if recovered and renal function normal.
Addison's Disease	Donor is acceptable if well and healthy.
Adenomas	Accept.
Adrenal Disorders	See specific disorder
Adrenal Glands Absent	Accept if well and healthy.
Adrenal-Cortical Syndrome (Cushing Syndrome)	Accept if cured.
Agammaglobulinemia	Permanent deferral.
Agent Orange Exposure	Donor is acceptable if feeling well and healthy.
AIDS	Permanent deferral.
Alcoholic Cirrhosis	Permanent deferral unless donor had a liver transplant
Alcoholism	Defer if under the influence.
Allergies	Donor is acceptable if well and healthy
Allergy Injections	Donor is acceptable
Alpha-1-Antitrypsin Deficiency	Accept if asymptomatic and not using replacement therapy.
Alzheimer's Disease	Accept if donor is able to provide an accurate health history
Amoebic Dysentery	Accept after treatment is completed and parasite eliminated.
Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)	Permanent deferral.
Anaplasmosis	Accept if treatment complete and feeling well Defer 90 days if untreated
Anemias	Accept if hemoglobin/hematocrit qualifies and specific cause of anemia does not disqualify donor. Underlying cause should be documented. (See specific entity. If condition not listed contact Medical Director).
Aneurysms	<ul style="list-style-type: none"> • Accept 6 months from surgery, if healed, feels well, released from MD care and no activity restrictions. • If not surgically corrected Medical Director review is required.

MEDICAL CONDITION	COMMENT
Angina Pectoris	Donor is acceptable 3 months after last symptom
Angioedema	<ul style="list-style-type: none"> • Defer if cause is genetic • Accept donor is stable and symptom free
Angioplasty/Stenting (Coronary)	Accept 6 months after procedure if: <ol style="list-style-type: none"> 1. Donor is asymptomatic and 2. Donor has no limitation of activities
Animal Bites	Defer for 12 months a donor who has been bitten by a wild animal (i.e., not domestic).
Animal Needle Stick	Defer for 12 months a donor who has been exposed to an animal's blood (domestic or wild) through a needle stick.
Ankylosing Spondylitis	Accept if no limitation of motion (can sit in donor chairs).
Anthrax	Defer until the full course of treatment is complete.
Antiphospholipid Antibody Syndrome	Accept if symptom free
Aortic Stenosis	Accept 6 months after surgical repair if: <ol style="list-style-type: none"> 1. Donor is asymptomatic and 2. Donor has no limitation of activities
Appendectomy	Accept if released from doctor's care, feels well, full activity has been resumed.
Arrhythmias	A donor with a history of arrhythmia may be accepted with/without medication if: <ol style="list-style-type: none"> 1. Donor is asymptomatic and 2. Donor has no history of other cardiac problems. <p>NOTE: See Irregular Pulse</p>
Arteriovenous (AV) Malformation	<ul style="list-style-type: none"> • Accept if surgically corrected and asymptomatic for 6 months from date of surgery. • If not surgically corrected written medical release and Medical Director review is required.
Arthritis	<ul style="list-style-type: none"> • Osteoarthritis - Accept. • Rheumatoid arthritis – Accept unless in acute phase • Psoriatic arthritis – Accept unless in acute phase; Accept if no lesions in venipuncture area
Asbestosis	Donor is acceptable if asymptomatic, with or without medications
Asthma	Accept if asymptomatic.
Atrial Fibrillation	Donor is acceptable if no symptoms, with/without medications.
Autoimmune Disorders	A donor is acceptable with or without medications provided they are not having an acute episode and on no deferring medication.
Babesiosis	Permanent deferral.
Baker's cyst	Donor is acceptable if feeling well and healthy
Bee Stings	<ul style="list-style-type: none"> • If symptomatic - allergic, 1 day deferral. • If asymptomatic - allergic, no deferral
Bell's Palsy	Accept (If related to Lyme Disease see entity.)
Benign Bladder Polyps	Accept. NOTE: If being treated with BCG, then defer two weeks.
Benign Prostatic Hypertrophy (BPH)	Accept if not taking medications on Medication List.
Bipolar Disease	Accept if mentally competent and understands procedure.

MEDICAL CONDITION	COMMENT
Bladder Disorder	<ul style="list-style-type: none"> • Benign bladder polyps: accept unless being treated with BCG then defer two weeks. • Bladder cancer: accept if cancer free for at least one year post treatment • Cystitis (bladder infection): accept after condition resolved and treatment complete
Bleeding Disorders	See specific entity. If not present, the Medical Director or designee is to evaluate.
Blood Donation	See "Interval Between Donation Dates".
Blood Transfusion	Defer 12 months after last transfusion. NOTE: Autologous platelet enriched plasma injection treatments - accept
Body Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Bone Disorders	<ul style="list-style-type: none"> • Accept unless condition is malignant or infectious. • If malignant, accept if cancer free for at least one year post treatment • If infected, then follow criteria for osteomyelitis - accept 2 years after confirmed cured.
Bone Marrow Donor	Accept 8 weeks after donation unless there remain lingering complications
Brain Surgery	<ul style="list-style-type: none"> • Non-vascular: accept if recovered and seizure free in last one month. • Vascular, bleeding: follow criteria for Cerebrovascular Accident (i.e., accept one year after the stroke and the donor is stable with or without deficits). • Vascular, aneurysm: Refer to Medical Director. • For malignancy (Cancer): accept if cancer free for at least one year post treatment. • Dura mater (brain covering) transplant: permanent deferral.
Branding	Accept if healed
Breastfeeding	Accept if 6 weeks postpartum
Brucellosis	<ul style="list-style-type: none"> • Accept if treatment complete and feeling well • Untreated defer for 90 days.
Bursitis	Accept if not infected and donor in no acute distress.
Cancer	<ol style="list-style-type: none"> 1. Skin cancer: Localized basal cell carcinoma, squamous cell carcinoma. Accept if: <ul style="list-style-type: none"> • Not taking medication that would defer donor (See Medication Deferral List) • Is completely excised and healed or topical treatment is completed and healed 2. Carcinoma-in-situ (stage where cancer cells are still within their site of origin) of the vulva, cervix or breast; papillary thyroid carcinoma: accept after completion of therapy. 3. Leukemia, lymphoma, Hodgkin's disease and multiple myeloma: 5 year deferral after completion of treatment without recurrence. 4. All other cancers, including melanoma, accept if cancer free for at least one year post treatment. <p>NOTE: Tamoxifen and other medications used for breast cancer preventative treatment – accept provided the donor meets all other criteria for cancer.</p>
Candida Infection (Candidiasis)	<ul style="list-style-type: none"> • If vaginal accept. • If systemic or involving mouth, esophagus, trachea, bronchi or lungs call MD.
Canker Sore	Accept if not chronic (never healing).

MEDICAL CONDITION	COMMENT
Cardiac Arrest	Accept 6 months after event if: <ul style="list-style-type: none"> • donor is asymptomatic, and • has no limitation of activities Donors who are symptomatic or have restrictions require Medical Clearance or NYBC Medical Director approval
Cardiac Catheterization	<ul style="list-style-type: none"> • Heart involvement, no surgery: 6 months deferral after procedure. • No heart disease, feels well, healed, and released from MD care, no activity restrictions: accept.
Cardiac Defects	<ul style="list-style-type: none"> • Defer if symptomatic • Accept if asymptomatic with no limitation activities • If surgically corrected, accept after 6 months if asymptomatic with no limitation of activities.
Cardiomyopathy	Defer 6 months from last symptom resolved.
Cardiovascular Disease - other	Refer to Medical Director.
Carotid Bruit	Refer to Medical Director.
Carpal Tunnel Syndrome	Accept.
Casts	<ul style="list-style-type: none"> • Accept only if there was a simple fracture/break. • If there was any type of surgery, defer until the cast is removed and all wounds are completely healed.
Cat-Scratch Disease	Accept after condition resolved and treatment complete.
Cauterization	Accept.
Celiac Disease	Accept.
Cellulitis	See Skin Infections.
Central Nervous System Disorders	See specific entity; if not listed refer to Medical Director.
Cerebral Palsy	Accept if donor safety can be ensured during phlebotomy.
Cerebrovascular Accident	Accept if: <ol style="list-style-type: none"> 1. One year after the stroke and 2. The donor is stable with or without deficits If donor received anticoagulation therapy, defer for at least one month after treatment is complete.
Cervical Dysplasia	Accept
Chagas Disease	Permanent deferral.
Charcot-Marie-Tooth disease	Accept if feeling well and healthy
Chemotherapy	See Cancer.
Chest Pain	<ul style="list-style-type: none"> • Defer unless evaluated by doctor and not due to heart disease. • If due to heart disease, see <i>angina pectoris</i>.
Chicken Pox	<ul style="list-style-type: none"> • Accept if previously immunized. • Accept 4 weeks after exposure if asymptomatic and not previously immunized. • If symptomatic, defer 4 weeks after recovery.
Chikungunya	Defer 1 month after recovery.
Chlamydia (genital)	Accept once resolved.

MEDICAL CONDITION	COMMENT
Chronic Bronchitis	Accept if symptom free and not on antibiotics.
Chronic Fatigue Syndrome (CFS; myalgic encephalomyelitis)	Accept if well and healthy
Chronic Granulomatous Disease	Permanent deferral.
Chronic Lung Disease	Accept if donor is asymptomatic and not on antibiotics
Cirrhosis	Permanent deferral
Coagulation Factor	If received for condition other than congenital coagulation factor deficiency (see below) - defer 12 months from the time of infusion.
Coagulation Factor Deficiencies (Congenital)	Permanent deferral except for Factor XII (12) deficiency.
Coccidiomycosis	<ul style="list-style-type: none"> • Permanent deferral if disseminated or extra pulmonary (outside the lungs). • If pulmonary, defer for 1 year after diagnosis provided treatment is complete.
Cold Sores	Accept if dried and healing.
Colds	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Colitis, Non-Specific	<ul style="list-style-type: none"> • Accept if asymptomatic. • Defer for 3 days after last episode of diarrhea.
Collagen Vascular Diseases	Refer to specific disease.
Concussion	Accept if feeling well and healthy
Condylomata Acuminata (Venereal Warts)	Accept
Congenital Heart Disease	<ul style="list-style-type: none"> • Defer if symptomatic • Accept if asymptomatic with no limitation activities • If surgically corrected, accept after 6 month if asymptomatic with no limitation of activities.
Congestive Heart Failure	See Cardiomyopathy
Conization of Cervix	See Surgery
Conjunctivitis	Defer until resolved and asymptomatic.
Convulsions	<ul style="list-style-type: none"> • Accept if no seizure in the past month. • If due to cancer, accept if cancer free for at least one year post treatment
COPD (Chronic Obstructive Pulmonary Disease)	<ul style="list-style-type: none"> • Accept if 1 year since last symptom and donor can walk up a flight of stairs without shortness of breath • Indefinite deferral if using oxygen
Coronary Artery Bypass Surgery	Accept if: <ol style="list-style-type: none"> 1. 6 months after surgery, AND 2. Donor is asymptomatic, AND 3. Donor has resumed normal activities, If due to heart attack accept 6 months later if: <ol style="list-style-type: none"> 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR verbal approval by a NYBC Medical Director.

MEDICAL CONDITION	COMMENT
Costochondritis	Accept.
Coxsackie Virus	Accept if recovered.
Cranial Plates	Accept if feeling well and healthy
CREST Syndrome	Accept if asymptomatic.
Creutzfeldt-Jacob Disease	Permanent deferral.
Crohn's Disease	Accept if asymptomatic and no diarrhea for 3 days.
Cryptococcosis	<ul style="list-style-type: none"> • Accept if well and asymptomatic. • Permanent deferral if extra pulmonary.
Cryptosporidiosis	Accept if asymptomatic and off treatment.
Cushing's Syndrome	Accept if cured.
Cutaneous Larva Migrans	Accept after completion of therapy and feels well.
Cystic Fibrosis	<ul style="list-style-type: none"> • Accept if no current infection and off treatment • Defer if infected or being treated for an infection.
Cystitis	Accept after condition resolved and treatment complete.
Cysts	Accept if not infected.
Cytomegalovirus (CMV)	<ul style="list-style-type: none"> • Acute infection: defer until resolved • Accept if antibody positive (due to past infection or exposure) but symptom free.
Deep Vein Thrombosis (DVT)	Accept if condition resolved and at least one month after completion of anticoagulation therapy.
Defibrillator (implantable cardioverter)	Accept with Medical Director approval.
Dementia	Accept if donor is able to provide an accurate health history
Dengue Fever	Defer for 28 days after resolution of symptoms.
Dental Work/Surgery	<ul style="list-style-type: none"> • Minor cleanings or fillings: accept. • Other procedures: accept if well and healed. • Dental Bone Matrix procedure accept (FDA approved, demineralized, sterilized osseous material used in rebuilding bone). • Autologous platelet enriched plasma injection - accept
Dermatitis	Accept unless lesions are in area of venipuncture.
Dermatomyositis	Accept if asymptomatic.
Diabetes	Accept if stable with no acute events within prior 3 months.
Dialysis	Accept if dialysis is discontinued. Permanent deferral for chronic dialysis patient.
Diarrhea	Accept if symptom-free for 3 days.
Diverticular Disease	Accept if symptom free for 3 days.
Down's Syndrome	Accept if mentally competent and understands procedure.
Dumping Syndrome	Accept 3 days post last episode of diarrhea
Dura Mater (brain covering) graft or transplant	<ul style="list-style-type: none"> • Synthetic graft: Donor is acceptable • All others: permanent deferral
Ear Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.

MEDICAL CONDITION	COMMENT
Ebola	<ul style="list-style-type: none"> • Permanent deferral for donors who have a history of Ebola virus disease. • Defer for 8 weeks a donor who has lived with, cared for or had sexual contact with a person confirmed to have had Ebola virus disease or who is under investigation for exposure to the virus.
Ectopic Pregnancy	Defer 6 weeks after resolution.
Eczema	Accept if lesions not in area of venipuncture.
Ehlers Danlos Syndrome	Donor is acceptable if well and healthy
Ehrlichiosis	<ul style="list-style-type: none"> • Accept if treatment complete and feeling well • Defer 90 days if untreated
Electrolysis	Accept only if performed with single use equipment and under aseptic conditions. Otherwise defer 12 months.
Elliptocytosis	Defer from red cells.
Embolism	<ul style="list-style-type: none"> • Pulmonary embolism: Accept if condition resolved, donor is asymptomatic and at least one month after completion of anticoagulation therapy. • Brain embolism: See Stroke. • Limb embolism: Accept if condition resolved, donor is asymptomatic and at least one month after completion of anticoagulation therapy.
Emphysema	<ul style="list-style-type: none"> • Donor is acceptable if asymptomatic with or without medication (except antibiotics). • Chronic, symptomatic and on medication: Permanent deferral
Encephalitis	Accept 4 weeks after recovery.
Endocarditis	<ul style="list-style-type: none"> • Accept after condition resolved and treatment complete. • If taking prophylactic antibiotics, obtain Medical Director approval.
Endocrine Disorder	See specific entity
Endometriosis	Accept.
Endometritis	Accept after condition resolved and treatment complete.
Epilepsy	<ul style="list-style-type: none"> • Accept as long as seizure-free in the past month. • If due to cancer, accept if cancer free for at least one year post treatment
Epistaxis (Nosebleed)	Accept if does not have bleeding disorder.
Epstein Barr Virus	Accept if recovered and no jaundice occurred.
Erythema Nodosum	Can accept if recovered and asymptomatic.
Esophagitis	Accept if asymptomatic and no underlying disease.
Exostosis	Accept if feeling well and healthy
Factor V Leiden	<ul style="list-style-type: none"> • Anticoagulation therapy, if received, must be finished for at least one month. • No anticoagulation therapy accept
Factor XI deficiency	Permanent deferral.
Fainting	Defer if frequent and recurring.
Fever Blisters	Accept if dried and healing.
Fibrocystic Disease Of Breast	Accept.
Fibroids	Accept.
Fibromyalgia	Accept.
Fibromyositis	Accept.

MEDICAL CONDITION	COMMENT
Fibrin glue (used for wound closure)	Accept if feeling well and healthy
Fifth Disease	Defer 21 days after exposure.
Floppy Valve (mitral valve prolapse)	Accept if: 1. Asymptomatic and, 2. No arrhythmias and, 3. No limitation of activities.
Flu	Accept when symptom free for 3 days.
Folliculitis	Accept is feeling well and healthy
Food Poisoning	Accept if symptom free for 3 days.
Fungal Infection	See specific entity. <ul style="list-style-type: none"> • If systemic or deep tissues involved, defer 1 month after cessation of therapy and feels well. • If superficial, away from venipuncture site - accept.
G6PD deficiency	Accept for platelet or plasma donations. Defer from red cell donation types.
Gastritis	<ul style="list-style-type: none"> • If acute - accept after condition resolved. • If chronic – accept if not on antibiotics (for Helicobacter Pylori).
GERD (Gastric Esophageal Reflux Disorder)	Accept
Genital Herpes	See Herpes Simplex 1 or Herpes Simplex 2 as appropriate to donor
Genital Warts	Accept.
GI Disorders	See specific entity; otherwise obtain Medical Director approval.
Giardiasis	Donor is acceptable if well and healthy
Gilbert's Syndrome	Accept.
Gingivitis	Accept.
Glaucoma	Accept.
Glomerulonephritis	<ul style="list-style-type: none"> • Permanent deferral if chronic renal disease. • If condition resolved and kidney function normal - accept.
Gonorrhea	Defer 12 months after treatment completed.
Gout	Accept if controlled.
Granuloma Annulare	Accept as long as antecubital area not involved.
Granuloma Inguinale	Accept after treatment completed and lesions healed.
Grave's Disease	Accept once euthyroid (normal thyroid function) NOTE: Thyroid hormone replacement therapy – accept.
Growth Hormone	<ul style="list-style-type: none"> • Human derived growth hormone – permanent deferral. NOTE: The use of human derived pituitary growth hormone was discontinued by the FDA in 1985. • Recombinant or synthetic growth hormone – accept.
Guillain-Barre Syndrome	Can accept if recovered and asymptomatic.
Hair Transplant	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Hanson's Disease (Leprosy)	Accept if feeling well and healthy

MEDICAL CONDITION	COMMENT
Hashimoto's Disease	Accept after treatment of acute phase of disease is complete. Thyroid hormone replacement (thyroxine, Synthroid) – accept.
Hay Fever	Accept as long as donor has no sinus or respiratory infection.
Head Injury	Accept if seizure free in past month. Obtain Medical Director approval, if necessary.
Heart Attack	Accept 6 months after event if: <ul style="list-style-type: none"> • donor is asymptomatic, and • has no limitation of activities Donors who are symptomatic or have restrictions require Medical Clearance or NYBC Medical Director approval
Heart Disease	See specific entity. If not listed, obtain Medical Director approval.
Heart Murmur	Accept if: <ol style="list-style-type: none"> 1. Donor asymptomatic and, 2. Has no activity limitations and 3. See also arrhythmias
Heart Surgery	May accept if: <ol style="list-style-type: none"> 1. Has been six months since surgery, 2. Has resumed normal activities and 3. Is asymptomatic. If due to heart attack accept six months after if: <ol style="list-style-type: none"> 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR obtain NYBC Medical Director approval.
Heartburn	Accept.
Helicobacter pylori	Accept if treatment is complete and off antibiotics.
Hematuria	Defer until evaluated by doctor then re-evaluate with diagnosis.
Hemochromatosis	<ul style="list-style-type: none"> • Accept if donor meets criteria for donation including the appropriate interval for targeted donation. • If the donor doesn't meet criteria follow Hereditary Hemochromatosis Phlebotomy Program.
Hemodialysis	<ul style="list-style-type: none"> • Accept if dialysis discontinued. • Permanent deferral for chronic dialysis patients.
Hemolytic Anemias	See specific entity. If not listed, obtain Medical Director approval.
Hemophilia	Permanent deferral.
Hemorrhoids	<ul style="list-style-type: none"> • Accept. • If post-operative, defer until healing is complete.
Hepatitis	<ul style="list-style-type: none"> • Permanently defer a donor with a history of Hepatitis B or C. • Accept a donor who has tested positive for Hepatitis B surface antibodies (anti-HBs) at least 2 weeks following Hepatitis B immunization • Accept a donor with a history of non-viral Hepatitis caused by alcohol ingestion, drug sensitivity, toxin or Hemochromatosis, provided donor meets all other criteria for donation. • Accept hepatitis due to mononucleosis • Accept donor with Hepatitis A 120 days after diagnosis

MEDICAL CONDITION	COMMENT
Hereditary Spherocytosis	Defer from red cells
Hernia	Accept.
Herniated Disc	Accept.
Herpangina	Accept if feeling well and healthy
Herpes Simplex 1	<ul style="list-style-type: none"> • Asymptomatic: no deferral. • Symptomatic: 1month deferral.
Herpes Simplex 2	<ul style="list-style-type: none"> • Donor is acceptable if asymptomatic for one month or more and lesions dried and healed. • Permanent deferral if chronic ulcers persisting lasting over one month or if donor has related bronchitis, pneumonitis or esophagitis.
Hidradenitis [inflammation of the sweat gland(s)]	Accept after condition resolved and treatment complete.
High Blood Pressure	Accept if blood pressure at site is within guidelines.
Hirschsprung's Disease	Accept if recovered and asymptomatic.
Histoplasmosis	<ul style="list-style-type: none"> • Accept if disease diagnosed by chest x-ray findings as inactive disease. • Defer if disease is active.
HIV Test Confirmed Positive	Permanent deferral.
Hodgkin's Disease	Accept if cancer free at least 5 years after treatment.
Human Bite	Defer 12 months if skin is broken, otherwise accept.
Human Papilloma Virus	Accept if feeling well and healthy
Huntington's Disease	Accept as long as movement disorder does not interfere with donation.
Hydrocephalus	Accept if mentally competent, no infection and no active seizure history.
Hypercortisolism	Accept if feeling well and healthy
Hyperlipidemia	Accept.
Hyperparathyroidism	Accept if asymptomatic.
Hypertension	Accept if blood pressure at site is within guidelines.
Hypoglycemia	Accept if asymptomatic.
Hypoparathyroidism	Accept if asymptomatic.
Hypotension	Accept if blood pressure at site is within guidelines.
Idiopathic Thrombocytopenic Purpura (ITP)	Donor is acceptable if completely recovered
Immunizations	See Immunizations and Vaccinations
Infections	See specific entity. If not listed, obtain Medical Director approval.
Infectious Mononucleosis	Donor is acceptable if well and healthy
Insect Bites	Defer if infected or in antecubital area.
Irregular Pulse	<p><i>An irregular pulse is identified by skipped or extra heart beats or heart beats that are too fast, too slow or irregular. Occasional irregularities are common but could also be a sign of an abnormal heart rhythm.</i></p> <ul style="list-style-type: none"> • Accept if pulse is noted to have less than 10 irregular beats per minute. • Defer if pulse is noted to have 10 or more irregular beats per minute.

MEDICAL CONDITION	COMMENT
Irritable Bowel Syndrome	<ul style="list-style-type: none"> • Accept if asymptomatic. • Defer for 3 days after last episode of diarrhea.
Itching	Accept unless not able to perform venipuncture due to site of itching.
IVIG (Intravenous Immune Globulin)	Defer 12 months.
Jacob-Creutzfeldt Disease	Permanent deferral.
Jaundice	Determine cause. <ul style="list-style-type: none"> • Permanent deferral if cause is unknown or associated with Hepatitis B or C. • Accept if due to mononucleosis • Accept non-viral jaundice, i.e., jaundice as a newborn, erythroblastosis fetalis (hemolytic disease of newborn or Rh disease); jaundice secondary to gallstones, Gilbert's Disease, drug sensitivity or toxin once recovered.
Kaposi's Sarcoma	Permanent deferral
Kawasaki Syndrome	Accept if well and healthy with no cardiac complications.
Keratoconjunctivitis	Accept after condition resolved and treatment complete.
Kidney Disease	Accept if well and healthy
Kidney Stones	Accept if asymptomatic.
Kidney Transplantation	<ul style="list-style-type: none"> • Defer for 12 months. • Defer if has chronic renal failure.
Klinefelter Syndrome	Accept if feeling well and healthy
Laparoscopy	<ul style="list-style-type: none"> • Evaluate reason for laparoscopy. • Accept if incision is healed and released from physician's care.
Laparotomy	<ul style="list-style-type: none"> • Evaluate reason for laparotomy. • Accept if incision is healed and released from physician's care
Legionnaire's Disease	Accept after condition resolved and treatment complete.
Leishmaniasis	Permanent deferral.
Leprosy	Accept if feeling well and healthy
Leptospirosis	Accept after condition is resolved and treatment completed.
Leukemia	Accept if cancer free at least 5 years after treatment.
Leukoplakia	Accept.
Lipomas	<ul style="list-style-type: none"> • Accept if not in antecubital areas and are benign. • If malignant, see Cancer.
Liver Disease	See specific entities/jaundice. If not listed, Medical Director to evaluate.
Lou Gehrig's Disease	Permanent deferral.
Low Blood Pressure	Accept if blood pressure during donor evaluation is within guidelines.
Lung Disorders	See specific entity. If not listed, obtain Medical Director approval.
Lung Surgery	Accept after released from doctor's care and condition resolved.
Lupus (Discoid)	Accept if asymptomatic.
Lupus (Systemic)	Accept if asymptomatic.
Lyme Disease (Confirmed)	Accept after 30 days if asymptomatic whether or not treated.
Lymphadenopathy (enlarged lymph nodes)	Obtain Medical Director approval

MEDICAL CONDITION	COMMENT
Lymphoma	Accept if cancer free at least 5 years after treatment.
Malaria	Accept if 3 years from completion of therapy if they have remained symptom-free.
Malignancy	See Cancer.
Manic-Depressive Illness	Accept if competent and can understand the process
Marijuana use	Accept if currently not under the influence.
Mantoux Test	See Tuberculosis.
Marfan's Syndrome	Obtain Medical Director approval
Mastitis	Accept after condition is resolved and treatment completed.
Measles (Rubeola)	Accept for exposure if the donor has been vaccinated or had the illness greater than 3 weeks ago. If neither applies defer for 3 weeks after exposure.
Melanoma (or Malignant Melanoma)	Accept if cancer free for at least one year post treatment
Meniere's Disease	Accept if no problems of vertigo or dizziness when donor moves.
Meningitis	Accept after condition is resolved and treatment completed.
Menstrual period	Accept if feeling well and healthy
Migraine	Accept if well and healthy
Miscarriage	Defer for 6 weeks from date of event
Mitral Insufficiency / Mitral Valve Prolapse	Accept if: 1. Asymptomatic, 2. No arrhythmias, 3. No limitation of activities.
Monilia Infection	See Candida Infection
Monoclonal Gammopathy of Undetermined Significance (MGUS)	Accept if feeling well and healthy
Mononucleosis ("Mono")	Defer until symptom free
MRSA carrier (Methicillin-resistant Staphylococcus aureus)	Accept if feeling well and healthy
Multiple Myeloma	Accept if cancer free at least 5 years after treatment.
Multiple Sclerosis	Accept if symptoms stable over the past 2 months with or without medications. NOTE: Verify donor is not taking medication that would cause deferral (See Medication Deferral List)
Mumps	<ul style="list-style-type: none"> • Accept 14 days after resolution of symptoms. • Accept 1 month after exposure if no history of having mumps in the past.
Murmurs	Accept if: 1. Asymptomatic and, 2. No limitation of activities.
Muscular Dystrophy	Accept if donor safety can be ensured during phlebotomy,
Myasthenia Gravis	Accept if asymptomatic.
Mycosis Fungoides	Defer for 5 years.
Narcolepsy	Accept if condition doesn't interfere with donation.
Nephritis	Donor is acceptable if well and healthy

MEDICAL CONDITION	COMMENT
Neuralgia (Trigeminal)	Accept.
Neurofibromatosis	Accept if donor is in good health (no infections or malignancies) and has no lesions in the antecubital area that may interfere with the aseptic scrub.
Non Specific Urethritis	Accept if asymptomatic. Refer to Syphilis or Gonorrhea if related to those conditions.
Nose Bleed (Epistaxis)	Accept if does not have bleeding disorder.
Nursing Mothers	Accept.
Osgood-Schlatter Disease	Accept.
Osteochondroma	Accept if feeling well and healthy
Osteomyelitis	Accept 2 years after fully recovered.
Osteoporosis	Accept.
Otitis Media	Accept after condition is resolved and treatment completed.
Ovarian Cysts	Accept once released from doctor's care and feels well. (Be certain that there was no diagnosis of malignancy.)
Pacemaker	Accept one month after implantation if asymptomatic
Paget's Disease Of Bone	Accept.
Paget's Disease Of Breast	Accept if cancer free for at least one year post treatment
Palpitations	See Arrhythmia
Pancreatitis	Accept after condition is resolved and treatment completed.
Papilloma Virus	Accept.
Parasitic Infections	See specific entity; if not listed obtain Medical Director approval.
Paratyphoid fever	Accept if feeling well and healthy and symptoms resolved
Parkinson's Disease	Accept if condition doesn't interfere with donation.
Paroxysmal Nocturnal Hemoglobinuria	Permanent deferral.
Parvovirus	<ul style="list-style-type: none"> • Accept if treatment completed and fully recovered. • Defer for 21-days after exposure.
Pelvic Inflammatory Disease	<ul style="list-style-type: none"> • Accept after condition is resolved and treatment completed. • Defer for 12 months from completion of treatment if due to gonorrhea.
Pemphigoid/Pemphigus Vulgaris	Accept if venipuncture sites are clear.
Pericarditis	<ul style="list-style-type: none"> • Accept after treatment and condition resolved. • Accept if taking prophylactic antibiotics – accept.
Periodontal Disease	<ul style="list-style-type: none"> • Accept 3 days after condition resolved and treatment completed. • Accept If on maintenance/prophylaxis therapy (e.g., Periostat) – accept
Peripheral Vascular Disease	Accept if donor meets all other criteria. (Question donor about heart disease.)
Peritoneal Dialysis	See Dialysis
Pernicious Anemia	Accept if hemoglobin within donor limits.
Pertussis	Obtain Medical Director approval
Phlebitis	<ul style="list-style-type: none"> • If superficial: accept if asymptomatic. • Deep vein thrombosis: accept if asymptomatic and at least one month after completion of anticoagulation therapy.

MEDICAL CONDITION	COMMENT
Pilonidal Cysts	Accept if meets all donor criteria, no chronic fever and no antibiotics.
Pinworms	Accept if feeling well and healthy
Pituitary Growth Hormone	<ul style="list-style-type: none"> • Human derived growth hormone – permanent deferral. <p style="text-align: center;">NOTE: The use of human derived pituitary growth hormone was discontinued by the FDA in 1985.</p> <ul style="list-style-type: none"> • Recombinant or synthetic growth hormone – accept.
Pityriasis	Accept if lesions not in antecubital regions.
Pleurisy	Defer until symptom free.
Pneumocystis Carinii Pneumonia (PCP)	Permanent deferral
Pneumonia	Bacterial or viral types – accept after condition is resolved and treatment completed.
Pneumothorax	Accept if resolved.
Poison Ivy	Accept if no secondary infection and venipuncture sites clear.
Poliomyelitis	Accept unless there is active infection.
Polycystic Kidney Disease	<ul style="list-style-type: none"> • Accept if renal function normal. • Permanent deferral if renal function abnormal.
Polycystic Ovary Syndrome	Accept.
Polycythemia	<ul style="list-style-type: none"> • Polycythemia Vera: permanent deferral. • Defer if secondary polycythemia due to testosterone therapy (NOTE: it is acceptable for red cell collection only if blood center has FDA approval)
Polymyalgia Rheumatica	Accept if asymptomatic.
Polymyositis	Accept if asymptomatic.
Porphyria Cutanea Tarda	Permanent deferral.
Post-Splenectomy	<ul style="list-style-type: none"> • Accept if removed because of trauma or spontaneous rupture. • If removed for disease, obtain Medical Director approval.
Pott's Disease	See Tuberculosis
PPD Test (Purified Protein Derivative)	<ul style="list-style-type: none"> • Diagnostic skin test for tuberculosis. Donors who have just received a TB skin test because of exposure but have not yet had the test read are to be deferred until skin test is evaluated. • Donors who have just received a TB skin test as part of employment screening or yearly physical, but have not yet had the test read: accept.
Progressive Multifocal Leukoencephalopathy	Permanent deferral.
Progressive Systemic Sclerosis	Accept if disease is stable.
Prostate Disorder	<ul style="list-style-type: none"> • Enlarged prostate without cancer (benign prostatic hypertrophy): accept <p style="text-align: center;">NOTE: Verify donor not taking a deferring medication.</p> <ul style="list-style-type: none"> • Prostate cancer: accept if cancer free for at least one year post treatment. • Prostatitis: accept after condition resolved and treatment complete. <p style="text-align: center;">NOTE: Antibiotic maintenance treatment accept</p>

MEDICAL CONDITION	COMMENT
Psoriasis	Accept if no secondary infection, lesions not in area of venipuncture. NOTE: Verify donor not taking a deferring medication.
Psychiatric Problems	Accept if competent and can understand the process
Pulmonary Embolism	Accept if condition resolved, donor asymptomatic
Pyelonephritis	<ul style="list-style-type: none"> • Permanent deferral if chronic renal disease. • Accept if disease resolved and kidney function normal for at least 3 days
Q Fever	Accept 2 years after confirmed cured.
Raynaud's Disease (Phenomenon)	Accept if asymptomatic at time of donation.
Reflux, Gastro-esophageal	Accept.
Regional Enteritis	Accept if asymptomatic
Reiter's Syndrome	Accept if asymptomatic.
Relapsing Fever	Obtain Medical Director approval.
Renal Calculi	Accept if asymptomatic.
Renal Failure	See Kidney Disease
Respiratory Infection (Viral)	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Reticuloendotheliosis (Hairy Cell Leukemia)	Accept if cancer free at least 5 years after treatment.
Rheumatic fever	<ul style="list-style-type: none"> • Asymptomatic, no recurrence: 1 month after end of treatment. • Symptomatic on daily antibiotic therapy: indefinite deferral.
Rheumatic Heart Disease	<ul style="list-style-type: none"> • Defer if symptomatic, activities limited and/or on medication. • Accept if on prophylactic antibiotics only.
Ringworm	Accept if not in antecubital region.
Rocky Mountain Spotted Fever	Accept once antibiotics completed.
Ronnel (Insecticide) Poisoning/ Exposure	Defer for 2 weeks after skin exposure. (Agent is an anti- cholinesterase, may alter red cell stability.)
Root Canal Surgery	See Dental Surgery
Rosacea	Accept as long as not in antecubital area and no secondary infection.
Roseola	Accept if no secondary infection, lesions not in antecubital area.
Rubella (German Measles)	Accept for exposure if the donor has been vaccinated or had the illness greater than 4 weeks ago. If neither applies defer for 21 days after exposure.
Salmonella	Accept 1 week after completion of treatment.
Sarcoidosis	Accept if well and healthy
Sarcoma	See Cancer
Scabies	Defer until off medication and asymptomatic
Scarlet Fever	<ul style="list-style-type: none"> • Accept if well and asymptomatic. • If heart disease involved, see Rheumatic Heart Disease. • If exposed to patient, defer until 2 days after exposure and well.
Scarring	12 month deferral if intentional skin scarring to make a design
Schizophrenia	Accept if competent and can understand the process
Scleroderma	Accept if disease is stable.

MEDICAL CONDITION	COMMENT
Seizures	<ul style="list-style-type: none"> • Accept as long as seizure-free in the past month. • If was due to cancer, accept if cancer free for at least one year post treatment
Sepsis	Accept one week after condition is resolved and treatment completed.
Severe Acute Respiratory Syndrome (SARS)	<ul style="list-style-type: none"> • Donors with history of SARS, suspected of having SARS, or being treated for SARS: Accept 28 days after symptoms are resolved and treatment is complete. • Donors who have been in close contact (i.e., cared for, lived with or had direct contact with body fluids) with someone with SARS or suspected of having SARS: Accept 14 days after last exposure provided donor is asymptomatic.
Shigella	Accept 1 week after completion of treatment.
Shingles	Defer until 3 weeks after recovery.
Shortness Of Breath	Accept if shortness of breath on exertion, providing donor is active and has no restrictions on his/her activities
Sickle Cell Disease	Indefinite deferral
Sickle Cell Trait	Known Sickle Cell Trait donor accept for platelet/plasma donations only. Do not collect red cell products (whole blood or red cell apheresis)
Sinusitis	Accept after condition is resolved and treatment completed.
Sjogren's Syndrome	Accept.
Skin Infections	<ul style="list-style-type: none"> • Accept mild skin disorders, i.e., acne, psoriasis, poison ivy, without secondary infection. Venipuncture site must be clear. • Defer for 3 days or until treatment is complete and condition is resolved (whichever is longest period): any skin infection at the venipuncture site, severe skin infection anywhere on the body or any undiagnosed skin lesions.
Skin Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Smallpox Vaccine Exposure	<ul style="list-style-type: none"> • For any donor who has come in close contact with someone who received smallpox vaccine (i.e., touched the vaccination site, touched the bandages or covering of vaccination site, handled bedding or clothing that has come in contact with a vaccination site): • If asymptomatic – accept. • If symptomatic (development of ‘blister’ at site of exposure) or severe complications - defer for eight weeks after the onset of symptoms or 14 days after resolution of symptoms, whichever is longer. • Severe complications include the following: Rash (resembling ‘blisters’) covering a small or large area of the body; necrosis (tissue death) in the area of exposure; inflammation of the brain (encephalitis); infection of the cornea (eye); localized or systemic skin reaction in someone with eczema or other chronic skin condition.
Sore Throat	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Spherocytosis	Defer from red cells.
Splenectomy	<ul style="list-style-type: none"> • Accept if removed because of trauma or spontaneous rupture. • If removed for disease, obtain Medical Director approval.
Spondylitis	Accept if no limitation of motion (can sit in donor chairs).
Stein-Leventhal Syndrome	Accept.
Stem Cell Donation	Defer for 8 weeks after procedure.

MEDICAL CONDITION	COMMENT
Stenting (Coronary)	Accept 6 months after procedure if: 1. Donor is asymptomatic, 2. Donor has no limitation of activities.
Stitches	Defer until stitches removed and wound healed.
Strep Throat	Accept after treatment completed and condition is resolved.
Stroke	Accept if: 1. One year after the stroke; 2. The donor is stable with or without deficits; 3. If received anticoagulation therapy, it is complete for at least one month after treatment is complete.
Surgical Procedures	<ul style="list-style-type: none"> • Accept if released from doctor's care, feels well, and full activity has been resumed. • Obtain Medical Director approval for pre-op disease process, if necessary. • Defer 12 months if transfused. NOTE: Autologous platelet enriched plasma injection treatments – accept.
Syphilis	Defer for 12 months after treatment completed.
Systemic Lupus Erythematosus (SLE)	Accept if asymptomatic.
Tachycardia	Accept if pulse within criteria on day of donation.
Tattoos	Defer 12 months unless applied in an acceptable state/county/municipality. <i>See list.</i>
Tendonitis	Accept if no acute symptoms.
Thalassemia Major	Permanent deferral.
Thalassemia Trait/Minor	Accept if hemoglobin/hematocrit is within the acceptable range.
Thrombophlebitis	<ul style="list-style-type: none"> • Superficial: accept if asymptomatic. • Deep vein thrombosis: accept if condition resolved and at least one month after completion of anticoagulation therapy.
Thrombophilia	<ul style="list-style-type: none"> • Permanent deferral if had more than one thromboembolic episode. • Anticoagulation therapy, if received, must be finished for at least 4 weeks.
Thyroid Disorders	Hyperthyroidism and Hypothyroidism: Accept once euthyroid (normal thyroid function). NOTE: Thyroid hormone replacement therapy acceptable.
Tick Bite	<ul style="list-style-type: none"> • If asymptomatic defer for 2 weeks following bite, regardless of treatment. • Defer for 3 months if febrile or symptomatic. If donor has a diagnosis, i.e., Babesiosis, Lyme disease, Ehrlichiosis, Rocky Mountain spotted fever, see specific entity.
Tinea Versicolor Infection	Accept if venipuncture site is clear.
Tonsillectomy & Adenoidectomy	<ul style="list-style-type: none"> • Accept if released from doctor's care, feels well, and full activity has been resumed. • Obtain Medical Director approval for pre-op disease process. • Defer 12 months if transfused.
Tonsillitis	Accept after condition is resolved and treatment completed.
Tooth Extractions	See Dental Work.
Tourette Syndrome	Accept if donor safety can be ensured during phlebotomy.

MEDICAL CONDITION	COMMENT
Toxic Shock Syndrome	Accept after condition is resolved and treatment completed.
Toxoplasmosis	Accept 6 months after completion of treatment and donor feels well and healthy.
Transfusion	Defer 12 months.
Transient Ischemic Attacks (T.I.A.)	Accept if: 1. One year after the stroke; 2. The donor is stable; 3. If received anticoagulation therapy, it is complete for at least one month.
Transplant	<ul style="list-style-type: none"> • Defer for 12 months recipients of an allogeneic skin, tissue or bone fragment transplant. • Defer for 12 months recipients of an organ transplant (i.e., cornea, liver, kidney). • Defer 12 months for bone marrow or hematopoietic stem cell transplant. • Permanent deferral for dura mater (or brain covering) graft. • Permanent deferral for xenotransplantation.
Trichomoniasis	Accept after treatment and asymptomatic.
Trypanosomiasis	Permanent deferral.
Tuberculosis	<ul style="list-style-type: none"> • For active infection - defer 2 years after diagnosis provided treatment is complete. • Accept, if exposure and on anti-tubercular drugs and had negative chest x-ray. • Accept if had positive skin test and negative chest x-ray.
Tuberculosis Skin Test	<ul style="list-style-type: none"> • Donors who have just received a TB skin test because of exposure but have not yet had the test read are to be deferred until skin test is evaluated. • Donors who have just received a TB skin test as part of employment screening or yearly physical, but have not yet had the test read, are acceptable.
Typhoid Fever (Salmonella)	Accept after condition is resolved and treatment completed. Medical Director to evaluate if recurrent.
Typhus	Accept after condition is resolved and treatment completed.
Ulcer Disease	Accept if asymptomatic.
Ulcerative Colitis	Accept if asymptomatic and no diarrhea for 3 days.
Undulant Fever (Brucellosis)	<ul style="list-style-type: none"> • Accept if treatment complete and feeling well. • Untreated defer for 90 days.
Urinary Tract Infection	<ul style="list-style-type: none"> • Accept after treatment is completed and condition is resolved. • Accept if on prophylactic antibiotics and asymptomatic.
Urticaria	Defer only if lesions in area of venipuncture.
Uterine Bleeding	<ul style="list-style-type: none"> • If cause unknown – defer until evaluated by donor's doctor. • If non-malignant and meets donor criteria - accept.
Vaccinations	See <i>Immunizations and Vaccinations</i> .
Vaginitis	Accept.
Varicella-Zoster Infection (Shingles)	See Shingles.
Vasectomy	Accept if feeling well and healthy.
Venereal Warts (Human Papilloma Virus)	Accept.
Venereal Disease	See specific disease.

MEDICAL CONDITION	COMMENT
Viral Infections	<ul style="list-style-type: none"> • Defer until donor afebrile and free of symptoms. • If exposed to childhood infection or contagious disease, see <i>specific entity</i>.
Von Recklinghausen's Disease	Accept if donor is in good health (no infections or malignancies) and has no lesions in the antecubital area that may interfere with the aseptic scrub.
Von Willebrand's Disease	Accept if no episodes of major bleeds and never required treatment.
Warts	Accept. If recently removed and no sign of infection accept.
West Nile Virus (WNV)	For medical diagnosis (symptoms and laboratory results) of WNV or suspected WNV illness or infection: Defer for 120 days after diagnosis or onset of illness, whichever is the longest time period.
Wilm's Tumor	Accept if cancer free for at least one year post treatment.
Wilson's Disease	Accept if not jaundiced.
Xenotransplantation	Non-living biological products or materials from nonhuman animals, such as porcine (pig) or bovine (cow) heart valves or porcine insulin are acceptable.
Yeast Infection	<ul style="list-style-type: none"> • Vaginal – Accept. • Thrush (oral) – obtain MD approval.
Zika Virus	Donors reporting being diagnosed with the Zika virus are acceptable 120 days after the last positive test result or symptoms (rash, fever, joint pain, muscle pain, headache or red eyes) are resolved whichever is later.